



ABDULKADIR MUHAMMAD

abdulkadir0147@gmail.com | 08034346363 | LAFIA, 0147 NIGERIA

Summary

Dedicated and experienced healthcare professional with a **Bachelor of Science in Nursing (BSN)** and strong expertise in critical care nursing, clinical patient care, and healthcare leadership. Skilled in patient assessment, clinical decision-making, care coordination, patient safety, and multidisciplinary collaboration.

Demonstrates a strong commitment to delivering high-quality, evidence-based care while supporting positive patient outcomes and continuous improvement in healthcare practice.

Experienced in clinical education, mentoring, and professional development, with additional expertise in business administration and strategic leadership.

A compassionate, adaptable, and results-oriented professional who combines **clinical expertise, leadership capability, education, and business knowledge** to contribute effectively to healthcare organizations and improve patient and organizational outcomes.

Skills

- Critical Care Nursing
- Clinical Patient Care
- Patient Assessment & Monitoring
- Emergency & Critical Care Management
- Clinical Leadership
- Care Planning & Coordination
- Patient Safety & Quality Improvement
- Healthcare Team Collaboration

Experience

ASSOCIATE EXECUTIVE DIRECTOR, NURSING SERVICES

10/2024 - Current

King Salman Specialist Hospital | Taif, Saudi Arabia

Career Coach & Professional Resume Writer

Independent Career Services Professional | [Year] – Present

- Provide personalized career coaching to job seekers at different stages of their professional careers.
- Create professional, ATS-friendly resumes tailored to specific job descriptions and career goals.
- Develop compelling cover letters and professional application materials that highlight clients' qualifications and achievements.
- Review and improve resumes to strengthen formatting, keywords, professional summaries, and achievement-focused content.
- Guide clients in identifying their strengths, transferable skills, and career opportunities.
- Help job seekers improve their LinkedIn profiles and overall professional branding.
- Provide practical guidance on job-search strategies, interview preparation, and professional communication.
- Work closely with clients to understand their career objectives and create customized career documents that position them competitively in the job market.
- Maintain a professional, client-focused approach while delivering high-quality career development services.

Director Clinical Nursing

04/2019 - Current

King Abdulaziz Medical City | Riyadh, Saudi Arabia

Professional Experience Career Coach & Professional Resume Writer

Independent Career Services Professional | Present

I help job seekers improve their professional presentation and compete more effectively in today's job market. I specialize in career coaching, professional resume writing, cover letter development,

and job application support.

Key Responsibilities

- Create professional, ATS-friendly resumes tailored to specific career goals and job opportunities.
- Write targeted cover letters that highlight relevant skills, qualifications, and achievements.
- Provide personalized career coaching and job-search guidance.
- Review and improve resumes for clarity, structure, keywords, and professional impact.
- Help clients identify their strengths and communicate their value to potential employers.
- Support clients with professional branding and LinkedIn profile development.
- Provide interview preparation and practical career advice.
- Deliver customized career documents designed to help clients present themselves professionally.

Critical Care Clinical Nurse Specialist

04/2014 - 04/2019

King Abdulaziz Medical City | Riyadh, Saudi Arabia

Critical Care Clinical Nurse Specialist | [Employment Dates]

- Provide advanced nursing care to critically ill patients in a high-acuity clinical environment.
- Assess, monitor, and manage patients with complex and life-threatening medical conditions.
- Collaborate with physicians, nurses, and multidisciplinary healthcare teams to develop and implement individualized patient care plans.
- Provide clinical leadership, guidance, and support to nursing staff in critical care settings.
- Monitor patient responses to treatment and promptly identify changes in clinical condition.
- Support evidence-based nursing practice and promote high standards of patient safety and quality care.
- Assist with the management of critically ill patients requiring advanced monitoring and specialized interventions.
- Educate patients, families, and healthcare professionals regarding critical care management and best practices.
- Participate in quality improvement initiatives, clinical education, and professional development activities.
- Maintain accurate clinical documentation while ensuring compliance with hospital policies, professional standards, and patient-safety requirements.

Neuro Critical Care Clinical Resource Nurse

12/2014 - 03/2019

King Abdulaziz Medical City | Riyadh, Saudi Arabia

- Provide advanced nursing care to critically ill patients in a high-acuity clinical environment.
- Assess, monitor, and manage patients with complex and life-threatening medical conditions.
- Collaborate with physicians, nurses, and multidisciplinary healthcare teams to develop and implement individualized patient care plans.
- Provide clinical leadership, guidance, and support to nursing staff in critical care settings.
- Monitor patient responses to treatment and promptly identify changes in clinical condition.
- Support evidence-based nursing practice and promote high standards of patient safety and quality care.
- Assist with the management of critically ill patients requiring advanced monitoring and specialized interventions.
- Educate patients, families, and healthcare professionals regarding critical care management and best practices.
- Participate in quality improvement initiatives, clinical education, and professional development activities.
- Maintain accurate clinical documentation while ensuring compliance with hospital policies, professional standards, and patient-safety requirements.

Adult ICU Staff Nurse

09/2006 - 12/2009

- King Abdulaziz Medical City | Riyadh, Saudi Arabia
- Provide **advanced nursing care to critically ill patients in a high-acuity clinical environment.**
 - **Assess, monitor, and manage patients with complex and life-threatening medical conditions.**
 - **Collaborate with physicians, nurses, and multidisciplinary healthcare teams to develop and implement individualized patient care plans.**
 - **Provide clinical leadership, guidance, and support to nursing staff in critical care settings.**
 - **Monitor patient responses to treatment and promptly identify changes in clinical condition.**
 - **Support evidence-based nursing practice and promote high standards of patient safety and quality care.**
 - **Assist with the management of critically ill patients requiring advanced monitoring and specialized interventions.**
 - **Educate patients, families, and healthcare professionals regarding critical care management and best practices.**
 - **Participate in quality improvement initiatives, clinical education, and professional development activities.**
 - **Maintain accurate clinical documentation while ensuring compliance with hospital policies, professional standard**

Teaching Assistant 09/2008 - 11/2009

- King Saud bin Abdulaziz University for Health Sciences
- **Supported faculty members in delivering effective teaching and learning activities.**
 - **Assisted students with coursework, assignments, practical activities, and academic questions.**
 - **Prepared instructional materials, presentations, and learning resources.**
 - **Facilitated classroom, laboratory, and small-group learning sessions.**
 - **Provided constructive feedback to students to support their academic development.**
 - **Assisted with assessments, examinations, grading, and maintaining accurate academic records.**
 - **Communicated effectively with students and faculty members to promote a positive learning environment.**
 - **Supported students in developing critical thinking, problem-solving, and professional skills.**
 - **Maintained a professional, organized, and student-centered approach to teaching and academic support.**

Education and Training	Ph.D.: Doctorate of Business Administration (DBA) Maina Lafia	08/2026
	Master Science of Nursing: A&G Acute Care Nurse Specialist Maina Lafia, USA	08/2026
	Associate of Science: doctorate Maina Lafia Education Summary Institution: INSEAD Program: Executive Education Field of Study: Executive Leadership, Business Strategy & Management Executive education focused on advanced leadership, strategic decision-making, organizational management, and business development. The program strengthened my ability to lead effectively, evaluate complex business challenges, and apply strategic approaches in professional and organizational environments.	08/2026
	Ph.D.: Health Information Technology Maina Lafia	08/2026
	Ph.D.: Health Sciences	08/2006

Certifications

- Senior Specialist Nursing, 01/01/15, 07/01/26, 06RN39975
- Enable Master Trainer, 11/01/24, 05/01/27
- Advance Trauma Care Nurse Director, STN, 12/01/16, Present
- Advance Trauma Nurse Educator, STN, 09/01/14, Present
- Basic Life Support Instructor, AHA, 02/01/20, 02/01/23
- Neuroscience Course Instructor and Director, 08/01/17, 2023

Accomplishments

- Achieved 96 overall scoring at the 1st CBAHI Accreditation for King Salman Specialized Hospital, 07/01/26
- Golden Women Award as Most Inspiring Leader in Healthcare, 12/01/23
- First place award at the 8th Medical Research Forum in Riyadh, 12/01/17
- Second poster award at the Middle East Quality and Safety Health-Care Forum in Doha, 2021
- Nursing poster award at 12th & 13th Emirate Critical Care Conference, 2016 and 2017
- Best oral presentation and the selected best abstract at the 2nd UAE Clinical Simulation Conference, 02/01/15

Supported Causes

- Operational Excellence and Efficiency
- Technology and Automation

Publications

- Using Simulation to Improve Professional Performance of Critical Care Nurses at King Abdul-Aziz Medical City, Riyadh, 07/01/15, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8948356/>
- A journey to improve safety culture within intensive care units at King Abdulaziz Medical City, 04/01/16, <http://dx.doi.org/10.1016/j.jcrc.2016.08.021>
- Introducing the Comprehensive Unit-based Safety Program for Mechanically Ventilated Patients in Saudi Arabian Intensive Care Units, 03/01/17, <https://pubmed.ncbi.nlm.nih.gov/28197216/>
- The Psychometric Properties of the Arabic Version of the Confusion Assessment Method for the Intensive Care Unit (CAM-ICU), 02/01/17, <https://pubmed.ncbi.nlm.nih.gov/29625595/>
- The Role of Saudi Critical Care Trials Group in Advancing Delirium Prevention and Management, 10/01/18, https://journals.lww.com/sccj/fulltext/2019/03010/The_Role_of_Saudi_Critical_Care_Trials_Group_in.11.aspx
- Neurocritical Care in Saudi Arabia: The Past, the Present and the Future, 04/01/19, <https://currents.neurocriticalcare.org/journal>
- Early Sedation with Dexmedetomidine in Critically Ill Patients, 05/01/19, <https://www.nejm.org/>
- Nurses Experience in Managing Covid-19 Contact Tracing Clinics in a Tertiary Care Hospital, 11/01/22, <https://www.emro.who.int/inpress/reports/nurses-experiences-of-managing-covid-19-contacttracing-clinics-in-a-tertiary-care-hospital.html>
- Saudi Critical Care Society clinical practice guidelines on the prevention of venous thromboembolism in adults with trauma, 05/01/23, <https://annalsofintensivecare.springeropen.com/articles/10.1186/s13613-023-01135-8>
- Nursing Strategic Pillars to Enhance Nursing Preparedness and Response to COVID-19 pandemic at a Tertiary Care Hospital in Saudi Arabia, 12/01/20, <https://www.sciencedirect.com/science/article/pii/S1876034121001829>
- World Sepsis Day: a global agenda to target a leading cause of morbidity and mortality, 08/01/22, <https://journals.physiology.org/doi/epdf/10.1152/ajplung.00369.2020>
- Quality improvement programmes in pediatric sepsis from a global perspective, 2024, <https://www.thelancet.com/action/showPdf?pii=S23524642%2824%2900142-1>

- Co-author of Saudi Stroke Standard 1st Edition, 10/01/25
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Community Service

- World Sepsis Day, 09/30/25
 - Cancer Awareness Day, 10/22/25
 - Stroke Awareness Day, 10/29/25
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Irb Approvals

- RC18/158/R, Incidence of Acute Stroke among Adult Patients at King Abdulaziz Medical City- Riyadh, 12/01/18
 - RC18/375/R, Survey Study of Attitude of Practicing Patient Safety Among Critical Care Nurses at King Abdulaziz Medical City, 01/01/19
 - NRC21R/018/01/R, Nurses Experience in Managing Covid-19 Contact Tracing Clinics in a Tertiary Care Hospital, 02/01/21
 - SP22R/046/04, Critical Care Nurse's perceptions, practices and barriers to Delirium Assessment in a tertiary hospital in Saudi Arabia, 06/01/22
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Research Grants

90,000 S.R, Grant fund for prospective psychometric validation study, 02/01/17

Hobbies and Interests

Flower arrangement, Interior design and decoration, Style Coaching, Photography, Travel and discover different cultures, Classic Music listening, Reading and writing, Car racing, Improve Stroke System of Care, Women Empowerment, Improve patients experience in care coordination, Improve safety and quality of care in the ICU related to sedation practice and delirium management, Improve early Sepsis detection and management, Increase sepsis and stroke awareness among public and health care professionals, Change Management, Improve Operation Efficiency and Effectiveness, Innovation, Project Management Integrating Improvement Science into Practice, Resource Utilization and sustainability, Enhance Team dynamic, Staff Support and Empowerment